

## Wellness Participation Opportunity

You are receiving this letter because you self-identified tobacco/nicotine use in your recent on-line Health Assessment portion of the University of Arkansas System (UAS) Wellness Program. As a result, your UAS health plan enrollment status is “Non-Wellness Participant.” Wellness participants can receive up to a \$1400 lower out-of-pocket maximum in the health plan administered by UMR for 2017-2018.

However, it is not too late to make a change. You are still eligible to receive the wellness incentive by contacting an Onlife Health Coach at 877-369-0285 and enrolling in the Onlife Health ***Tobacco and Nicotine Cessation*** program before the November 17, 2017 deadline. Once enrolled, your participation status will be updated to “Wellness Participant” at UMR and you will receive the lower out-of-pocket maximum for the 2017-2018 plan year.

The cessation program services are part of the Wellness Program; you will have no enrollment or participation fees. Chantix, patches, gum, and/or two office visits with your primary care physician are provided at no expense to you through your health plan. Your provider’s office visit claim should be coded as a visit for tobacco cessation in order for the zero copayment to apply.

If you have any questions about the Onlife cessation program, please contact Onlife at 877-369-0285. We look forward to working with you!

**Please note: To request a one-time deadline extension to enroll in a cessation program or to enroll in a cessation program other than through Onlife, complete the enclosed alternative enrollment form and return it to the address below by November 17, 2017.**

University of Arkansas System  
Attention: Health Plan Administration  
2404 North University Avenue  
Little Rock, Arkansas 72207  
Or  
Fax: 501-686-2939

For additional information on alternative standards, please contact 501-686-2942.